

Psychology and Counseling Service (SPO)



Welcome to our school...



What is “SPO”?

The Psychology and Counseling Services - SPO (Decree-Law n.° 190/91) are considered specialized units of educational support, integrated in the school network, that develop their action in schools, from pre-school education to high school.

Attributions of these services in Portugal:

- contribute to the development of students and to the construction of their identity;
- support students in their learning and integration process in the interpersonal relations system of the school community;
- provide psychological and pedagogical support to students, teachers and parents;
- ensure, in collaboration with other relevant departments, in particular those of special education, the signaling of students with special needs;

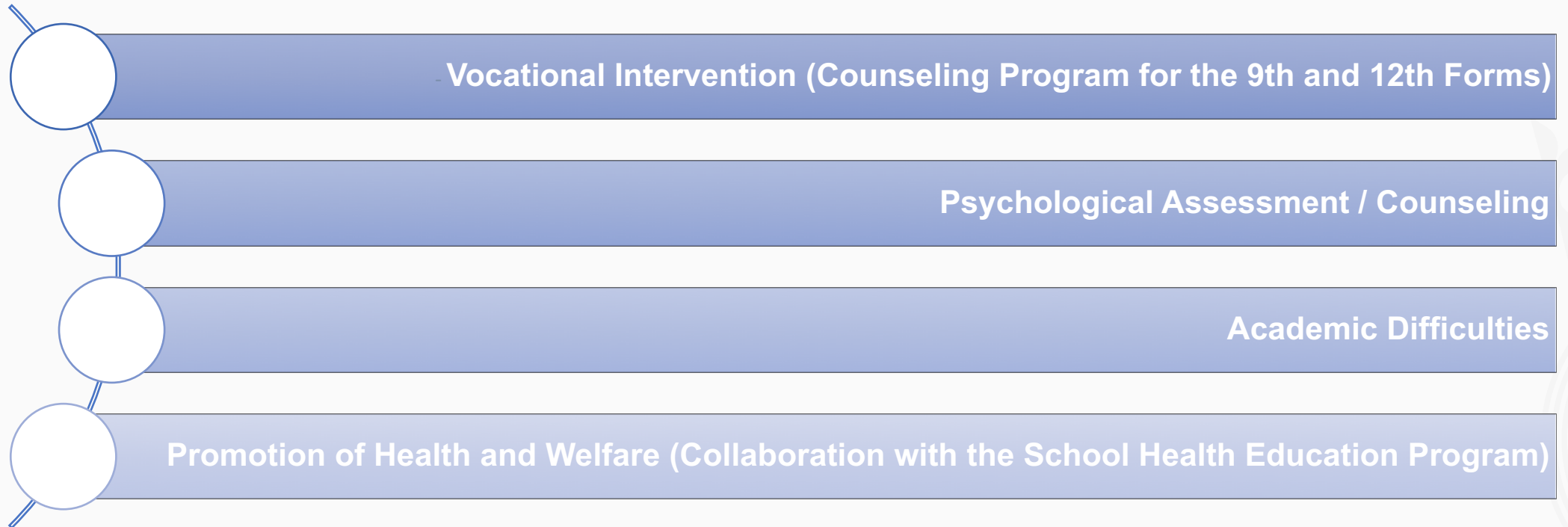
Attributions of these services in Portugal

- promote specific school and professional information activities;
- develop psychological counseling and career development for students, supporting the choice process and career planning;
- and to collaborate in pedagogical experiences and in teacher training actions, as well as, to carry out and promote the research work in areas of its specialty.

Main areas of intervention

- Psychological Support and Counseling
- Development of the Educational Community Relations System
- Vocational and Career Development

Main areas of intervention in the Alcochete School Group



Main areas of intervention in the Alcochete School Group

- Training of Educational Agents (Teachers, Parents and Assistants)

Collaboration with Institutions of Higher Education, in the scope of the investigation, eg. Faculty of Psychology of the University of Lisbon;

Support for high-performance sports students (UAARE)

- Collaboration in setting up formative/educational offers

Main areas of intervention in the Alcochete School Group

Collaboration in selection and recruitment processes for teaching and non-teaching staff

Collaboration with the Multidisciplinary Learning Support Team (EMAEI)

Erasmus School Collaboration



Who is it for?

Organs of Educational and Administrative Management;

Students;

Teachers;

Parents;

Assistants;

Community,...

Some activities...



Talks on mental health



**Meditation teachers
and families**





Parental education



**Implementation of programs
in partnership with
community institutions
(EPIS)**



Teacher training



**Study visits within the scope of career counseling to
explore institutions and jobs**



Former students visit us to promote their faculties



The event “Inspiring Future 2024 & Armed Forces and Protection”, which aims to help students explore the offers of public and private higher education, as well as the Armed and Protection Forces

School Psychologists...

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Psychologist Elisabete Ribeiro (Professional ID number 483)

Specialty(ies):

Clinical and health psychology;
Educational psychology

Advanced Specialty(ies):

Special educational needs;
Vocational and career development psychology;
Psychotherapy

Institution Staff

Psychologist Miguel Silva (Professional ID number 2075)

Specialty(ies):

Clinical and health psychology;
Educational psychology

Advanced Specialty(ies):

Special educational needs

Institution Staff

Psychologist Ana Regufe (Professional ID number 1492)

Hired by the Ministry of Education





Thank you for your interest,
and for your time ...

